

NEWS RELEASE

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Humana unveils commitment to safeguarding the environment

London, UK – 26th November 2008 – Humana Europe today unveiled a commitment to sustainable development and safeguarding the environment.

The commissioning support company, which is working in partnership with several PCTs to improve health and wellness in the UK, has committed to a series of measures to ensure that staff can go about their work in an environmentally friendly way.

Under a specially developed environmental policy, the company aims to reduce energy consumption, raise awareness of responsible environmental practices and minimise waste and recycle where possible. Other measures include a review of business travel to reduce their carbon footprint, the reduction of paper usage by 50% and an undertaking to consider the environmental impact of all their procurement decisions. This new policy is part of Humana's work in achieving its Environmental Management System BS8555 standard.

As part of their work to help people in the UK live healthier lifestyles, Humana has conducted wide ranging research into helping people make daily choices which benefit their health as well as their local environment. Research concepts include methods of

promoting walking and cycling instead of driving and how local health services can work with local authorities to ensure that public spaces including parks and walking trails are maintained to help people exercise and to protect local wildlife.

Full details on Humana's environmental policy can be found at: www.humana.co.uk

Also available for download at this site is Humana's *My Body My Planet* white paper, which explores the relationship between health and the environment.

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Notes to Editors:

1. Humana's Environmental Policy commits to the continual improvement and prevention of pollution, the protection and conservation of the environment and the agreement to meet all relevant environmental legislation and regulations. More information about the Environmental Management System BS8555 standard can be found at: www.bsigroup.co.uk
2. Humana Europe provides commissioning services and support to the NHS in England. We specialise in all the elements required for world class commissioning, such as health needs assessment and risk stratification, contracting and provider performance management, demand management and care coordination, patient and public engagement, and health and wellness programmes. For more information please visit www.humana.co.uk